

## September 2023 – The Three Horseshoes – Winkwell

15 hardy individuals tackled today's six-mile walk starting at The Three Horseshoes pub. After crossing the canal we walked for approximately one mile along the Grand Union Canal, negotiating a series of locks with the path sandwiched between the artificial waterway and the more natural flow of the River Bulbourne.

We then crossed the valley floor and made our way up a gradual incline (more like a big hill!). At this point the heavens opened and we got a little wet but luckily it didn't last long; eventually we reached the perimeter of the Little Hay golf course.

Once we had crossed the golf course, we descended into the outskirts of Bourne End and back to the pub where we had a well-deserved lunch.

